

Training Schedule

Day 1 – Thursday 16th October

9,00 - 9,50 Athletes competing on the morning session

11,15 - 12,20 Athletes competing on the next session

13,50* - 14,30 M-W C All

14,30* - 15,10 M-W B All

15,15 - 15,45 Opening Ceremony

Day 2 – Friday 17th October

9,00 - 9,50 Athletes competing on the morning session

12,15* – 13,50 M-W C All

13,50* - 15,20 M-W B All

Day 3 – Saturday 18th October

9,00 - 9,50 Athletes competing on the morning session

12,40* – 14,00 M-W C All

14,00* - 15,20 M-W B All

Day 4 – Sunday 19th October

8,00 - 8,50 Athletes competing on the morning session

12,30* – 13,50 M-W C All

13,50* - 14,20 M-W B All

- Timing indicative and subject to the development of competitions